

NORTH NORFOLK SSP

SUMMER OLYMPIC ACTIVITIES

19TH APRIL – 28TH MAY 2021

North Norfolk School Sports Partnership wants to inspire young people about the upcoming Olympics and Paralympics in Tokyo. We are asking schools to sign up and get involved in the programme of activities in the Summer Term. The events are non-competitive and focus on targeting pupils who would benefit from being more physically active.

There will be one sports activity challenge each week for schools to take part in. All activities are fully adaptable and inclusive for all. The challenges can be completed any time during PE lessons, during active breaks, or even during extra-curricular clubs. Culminating in a Mini-Olympic themed School Games Day on your school site.

Details below give you an outline of each challenge.

WEEKLY PLAN	ACTIVITIES
WEEK 1	<ul style="list-style-type: none"> • Cultural Festival - Opening/Closing Ceremony Ideas • KS1- Flag Design • KS2- Write a Poem / Design a Mascot
WEEK 2	<ul style="list-style-type: none"> • Basketball - 3 Skills Challenges
WEEK 3	<ul style="list-style-type: none"> • Boccia / Target Throw - 3 Activity Challenges
WEEK 4	<ul style="list-style-type: none"> • Tennis - 3 Activity Challenges with Video Links
WEEK 5	<ul style="list-style-type: none"> • Rounders (Baseball) - 3 Skill Challenges & Intra School Event
WEEK 6	<ul style="list-style-type: none"> • Athletics – Mix of 4 Field & Track Challenges
AFTER HALF TERM	<ul style="list-style-type: none"> • Mini Festival of Activities!

BONUS CHALLENGE... TRAVEL TO TOKYO!